Introducing Near Me

NHS Highland

Near Me

Benefits include

Reduced time away from work, school or home.

Friend or family member can join the call to provide support.

Reduces the risk of picking up infections for both the patient and clinician.

No apps to download, no registration.

No personal details stored.

Save yourself travel time, money and reduce the effect you have on the environment by having your consultation at home. We are pleased to offer a choice of appointments Near Me video, phone, in-person

If you are not having a physical examination then Near Me may suit your needs. Please ask or speak to your healthcare provider for more information.

".. I was very pleasantly surprised at how personal, real and 'human' my whole consultation was"

"Just makes so much sense in this new Covid world we live in. "

"Easy to use service without the hassle of a two and a half hour drive."

"This is an excellent alternative to face to face meetings - especially for those who need to travel. "

"This is the first time I've used the video call option and I found it a great experience. Saves me so much time, rather than having to travel to Inverness."

What do I need?

A good internet connection: preferably broadband or WIFI (you can use mobile data but you will be charged your standard network rate). Moblie Data may also affect the quality of the video.

Your Browser needs to be either Chrome or Safari.

A private, well lit space.

A device with a working camera & microphone e.g smartphone, tablet or laptop

For more information: www.nhshighland.scot.nhs.uk/NHSNearMe